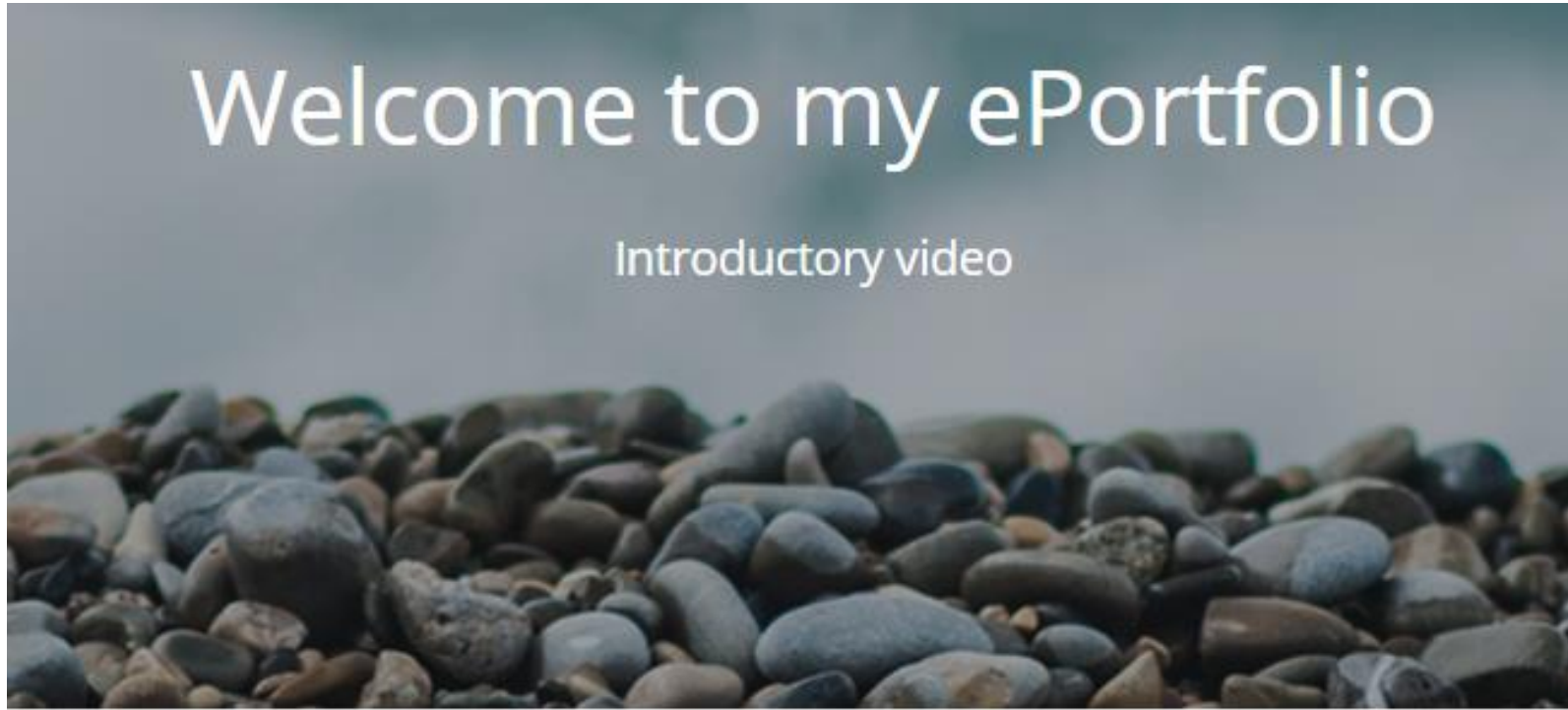


Welcome to my ePortfolio

Introductory video



Action Plan

Overall Aim

I want to achieve competency in domain 4 in particular in domain 4.1 in relation to prioritising care based on needs, acuity and optimal time for interventions.

Current Situation

At present, in clinical placement I am increasing the number of patients I look after under the direct supervision of my registered nurse. Having my own patient caseload helps me to learn to prioritise care and the supervision of the registered nurse gives me the confidence to do this.

Steps to Success

| What? | How? | When? |
|--|---|-------------|
| Achieve competency in Domain 4.1 Organisation and Management of Care | In order to achieve competency in the prioritisation of care I will need to work with patients to conduct an accurate assessment and then determine priorities for their care based on need, acuity and optimal time for interventions. An example of how I will do this is included here . | 18-Dec-2015 |

Personal Statement

Primary Learning Objection for Clinical Placement



During this clinical placement, my primary learning objective is to gain competency in the prioritisation of care based on need, acuity and optimal time for interventions which is outlined in domain 4.1 by the Nursing and Midwifery Board of Ireland (2015). Prioritisation will require me to work in partnership with my patients to conduct accurate assessments of their needs and health status. Munroe et al. (2012) indicate that safe prioritisation of patient care is ensured by accurate assessments of patients. Davies (2014) discuss the importance of safe prioritisation as nurses are challenged to balance providing care, administrative duties and remaining up-to-date with evidence based practice.

References

Davies, N., 2014. The benefits of prioritisation. *Nursing Standard*, [online] 29(11), p. 65. Available at: <http://journals.rcni.com/doi/abs/10.7748/ns.29.11.65.s53> [Accessed 8 December 2015].

Munroe, B., Curtis, K., Considine, J., and Buckley, T., 2012. The impact structured patient assessment frameworks have on patient care: an integrative review. *Journal of Clinical Nursing*, [e-journal] 22, pp. 2991–3005. Available through: Institute of Technology Tralee website <http://www.ittralee.ie/en/Library/Resources> [Accessed 8 December 2015].

Nursing and Midwifery Board of Ireland, 2015. *Domains of Competency*. [online] Available at: <http://www.nursingboard.ie/competency/comp2/domains.asp> [Accessed 2 December 2015].

Professional Philosophy of Nursing



This belief or value is:

Other

Caring is the main value at the core of and influence on my nursing practice. Caring defines me as a person and is evident in all of my actions. From this value stems my belief that each patient should be treated with dignity and respect by valuing the patient as an expert in their condition. This involves valuing each patient as an individual with varied needs. Even with a well established therapeutic relationship, it is not possible for me the nurse to be more knowledgeable about the patient than the patient themselves. I can further this action by encouraging the patient to ask questions, seek and provide information and assisting the patient to be a partner in their care through direct involvement in the decision making process. This signifies that the care I provide is patient centred and patient focused. I believe this to be important because nursing would not exist without our patients. If the care I provide is patient centred, then this must imply that the patient is the main focus of my practice.

In order for me to provide caring, patient centred care, I believe that as I nurse I must practice self awareness. This offers me the opportunity to acknowledge my own values and beliefs and prevent these from negatively impacting my nursing practice. Through self-awareness in nursing practice, I become aware that I value the holistic assessment of patients. Then I question if this is evidence based practice, therefore ensuring that I am providing care that is based on current best evidence and not on ritualistic practice or false beliefs. This self awareness also offers me the prospect of holistic development which I value as a fundamental requirement in nursing practice. In my view, the nurse who is dedicated to the development of oneself practices safe and exemplary care by being committed to life long learning. Overall I believe that the role of the nurse is one of great responsibility and privilege in all settings, whereby I have the opportunity to care for the patient at the most vulnerable time in their life.

From this philosophy, I have created a [word cloud](#). At the centre of this cloud, are the terms patient and expert which correlates to my belief that the patient is the expert in their own condition. The word of next prominence is patient-centred which is the type of nursing care I value and strive to provide. This is followed by care which underpins all my actions as a nurse. The next word of prominence is holistic. As discussed above I value the concept of holistic care and



Miss Katie O' Sullivan

Personal information

| | |
|------------------|------------|
| Gender: | Female |
| Date of Birth: | |
| Nationality: | Irish |
| Driving Licence: | Full Irish |

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awareness
Caring life
Overall self-awareness
provide patients beliefs
value self defines without therapeutic care
patient nursing
expert focus valuing exist opportunity
holistic development
Patient-centred
evidence nurse encouraging
centred