

- Apart from emollients and topical corticosteroids what other topical products are available for atopic eczema?

Topical immunomodulators

- Tacrolimus (Protopic®)
 - 0.03% ointment (>2 years) or 0.1% ointment (>16 years)
- Inhibit calcineurin phosphatase
- Moderate to severe eczema
- Temporary skin burning sensation but no skin atrophy
- Apply bd for up to 6 weeks (acute flare)
- Maintenance – once daily twice weekly (Monday and Thursday)
- Review use after 12 months – long term safety

- If topical therapy for eczema fails are there any oral treatments that can be used?

Oral therapy

- Methotrexate
- Azathioprine/ciclosporin
- Sedating antihistamines – diphenhydramine for 2 weeks