

Pharmacist role

- What are the main counselling points to be discussed by the pharmacist when dispensing preparations for the different types of eczema?

Pharmacist role



- Ointment versus cream
 - Ointments not as easy to spread and more occlusive
 - Creams easier to spread but require more frequent application
- Preservatives
- Emulsifying agents – Sodium lauryl sulfate
- Exacerbation treatment with steroid for 1-2 weeks
- Side effects of topical steroids – skin thinning (striae/bruising) – long term inappropriate use