

- What about other therapies apart from topical emollients and oral therapy for atopic eczema?

Other therapies

- Milton[®] 2% (liquid chlorine bleach baths)
 - Active against staph aureus including MRSA
 - Decreases frequency of skin infections in atopic dermatitis
 - 1 capful is 30mls
 - 2 capfuls into 50 litres (1/4 of a bath)
 - ½ capful (17 mls) into ½ a baby bath
 - Capful into empty bath, add lukewarm water, soak for 10 minutes, rinse with fresh water, pat dry, twice weekly
 - Apply emollient, repeat bleach baths 3 times weekly
 - www.eczemacenter.org
- Wet wrap therapy - 2nd line (Tubifast[®])

- When would you consider the role of cows milk protein allergy in eczema?

Cows milk protein allergy

- Consider if peri-oral flare after eating
- Co-existing GI symptoms, failure to thrive, wheezing, pr bleeding
- Predominantly affects infants and young children
- Exclude cows milk for 4-6 weeks then reintroduce